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Assessing Trust

Building deep connections, recognizing strengths, and maintaining reliability are essential for strong professional relationships.



Advance Leadership Skills

METADATA

Decision Making and
Problem Solving

Communication

Leadership and
Followership

Teamwork and
Collaboration

Professional
Development and
Mentoring

Top 10 Teaching Points

01

Look out for ways to connect with people on a deeper level to build affinity with others.

02

We all have strengths, weaknesses, and blind spots, so **set yourself and others up for success by playing to strengths.**

03

Confidently recognize your competencies' limits and seek help when necessary, understanding that asking for assistance demonstrates intelligence and consideration within a team.

04

Being consistently reliable encourages trust.

05

Even for highly reliable individuals, there may be situations where uncertainty arises about meeting expectations; promptly recognizing and communicating such issues preserves trust.

06

Integrity means that your actions align with your words and it's an important aspect to build and assess trust with others.

07

No matter how much you might profess a particular belief, if your actions don't back it up, no one will see you as trustworthy.

08

When approached by another individual for a trust pact, remain open-minded, assess the agreement's nature, context, and timeframe, and ensure clarity by explicitly outlining the responsibilities of all parties involved.

09

Engaging in a trust pact thrives when you encourage solidarity between whoever you've chosen to create a trust pact with.

10

Plan what you'll do if and when trust breaks down

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01

What elements do you think are most crucial when forming a trust pact? How do these elements differ between personal and professional relationships?

02

In your experience, what are the key indicators you look for to assess someone's trustworthiness before entering a trust pact? How do you balance intuition with observable behavior?

03

Can you describe a situation where demonstrating interdependence through a trust pact significantly impacted the outcome of a project or relationship? What did you learn about mutual trust and support in this context?

04

How do you ensure that your actions consistently reflect your stated intentions and values, especially under pressure? What strategies do you use to maintain integrity in challenging situations?

05

If a trust pact is broken, what steps would you take to either rebuild that trust or decide to move on? How do you manage the expectations and emotions involved in such scenarios?

Questions to Ask for Dialogue

Key Takeaways

01

Exploring the concept of a trust pact

02

Learning how to assess trustworthiness

04

importance of turning intentions into actions

03

Interdependence is an investment

05

How to manage a broken trust